

LA SAL Breakfast

Juices

Freshly Squeezed Juice - Chilled Fruit Juice | Tomato, Grapefruit, Cranberry or Mango

Loose Leaf Teas

English Breakfast, Darjeeling, Earl Grey, Jasmine, Oolong or Japanese Green Tea
Herbal infusions | Peppermint or Chamomile | Fruit infusions | Apple, Lemongrass & Citrus
Decaffeinated Tea | Light & Late

Illy Coffee

Plunger w. Freshly Ground, Espresso, Cappuccino, Macchiato, Latte, Flat White, Long Black or Decaf
Or make your own in the Library

From the Library

Fresh Cut & Whole Fruit w. Yoghurt & Compotes, Cereals, Yoghurt & Compotes
Toast w. Préserves, Croissant & Danish Pastries

A la Carte

Blueberry & Cinnamon Pancakes w. Maple Syrup & Butter (or Banana, Pineapple or Plain) (V)
Egg Florentine w. Smoked Salmon, Fresh Spinach & Hollandaise on Toasted Homebaked White
French Toast w. Cinnamon Sugar, Whipped Double Cream & Berries Compote (V)
Breakfast Baguette w. Scramble Eggs w. Mizuna Salad, Grilled Tomato, Onion Chutney & Beef Bacon
Egg White Omelette w. Mushrooms, Goats Cheese, Mixed Greens on Toasted Wholegrain
Casa del Mar Frittata w. Smoked Local Mackerel, Capers & Onion w. Salad & Lime Aioli (GF)
Rosemary & Garlic Mushrooms on Corn, Pea and Potato Cake w. Slow Roasted Tomato (GF)
Oatmeal w. Cinnamon Steeped Apple Compote & Minted Yoghurt (V)
Nasi Lemak | Malaysian Coconut Rice w. Chicken Rendang & Traditional Garnish (GF)
Nasi Goreng | Fried Rice w. Seafood, Chicken, Vegetables & Fried Egg (GF)
Mamak | Fried Noodles w. Seafood, Chicken, Vegetable & Fresh Lime
Farmers Grill w. Two Eggs cooked to order, Grilled Tomato, Farmer Potato, Baked Beans, Salad & your choice of Beef Bacon; Mushrooms; Beef Sausages; Turkey Ham or Beef Chorizo on Ciabatta

V - Vegetarian

GF – Gluten Free

Gluten Free bread and pizza bases can be arranged with 24 hours notice.